# WHAT IS EFFECTIVE COMMUNICATION

#### Presented by:

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- This presentation will focus on skill sets
- Applicable to all Project Management projects
- Inter personal communications
- Various ways toCommunicate





- Draw What I Describe
- No Questions
- ▶ 90 Seconds





Does Yours Look Like This?



What does this have to do with being a project manager?

### **Everything!**

Some studies suggest that the PMs spend up to 90% of their time communicating!



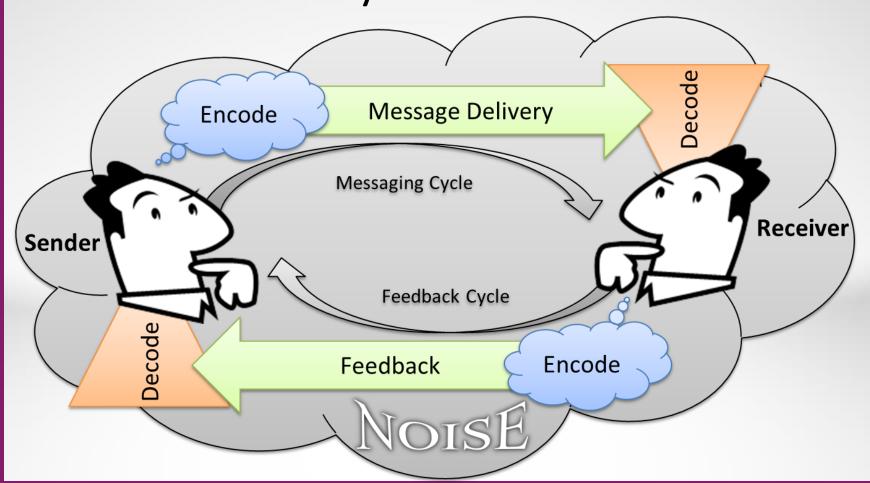
#### com·mu·ni·ca·tion

noun \kə- myü-nə- kā-shən\

- 1 : an act or instance of transmitting
- 2a : information transmitted or conveyed b : a verbal or written message
- 3a : a process by which information is exchanged between individuals through a common system of symbols, signs, or behavior <the function of pheromones in insect communication>; also : exchange of information b : personal rapport <a lack of communication between old and young persons>
- plural a: a system (as of telephones) for transmitting or exchanging information
   b: a system of routes for moving troops, supplies, and vehicles
   c: personnel engaged in transmitting or exchanging information
- 5 plural but sing or plural in constr a : a technique for expressing ideas effectively (as in speech) b : the technology of the transmission of information (as by print or telecommunication)



Communication Cycle





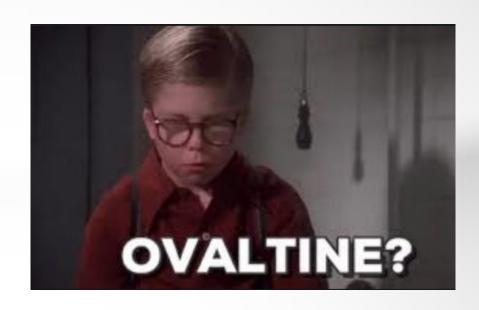
# PROJECT DELIVERY ACADEMY MODULE 4: COMMUNICATIONS AND DEVELOPMENT EFFECTIVE COMMUNICATION

Starting the Messaging Cycle

Step 1: Encoding

**Step 2: Delivery** 

**Step 3: Decoding** 





**EFFECTIVE COMMUNICATION** 

Step 1 – Encoding (Organizing thoughts)

Why/What do I want to communicate?

With whom do I want to communicate?

When do I want to communicate?



#### **EFFECTIVE COMMUNICATION**

Why/What do I want to communicate?

Question?

Directive.

Feedback...

"Opinion"

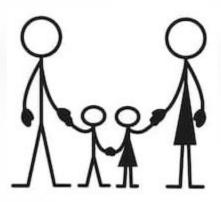
Idea



"You can have brilliant ideas, but if you can't get them across, your ideas won't get you anywhere."



- With whom do I want to communicate?
  - Manager
  - Project Team
  - Direct Report
  - Coworker
  - Family





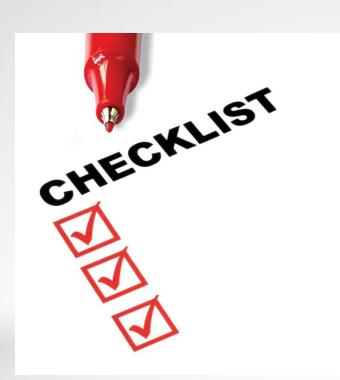


- When do I want to communicate?
  - Now
  - One-time
  - All the time
  - Regularly





**EFFECTIVE COMMUNICATION** 



#### Why does this matter?

- Time to organize thoughts
- Prepare
- Choose delivery
- Emotions



# PROJECT DELIVERY ACADEMY MODULE 4: COMMUNICATIONS AND DEVELOPMENT EFFECTIVE COMMUNICATION

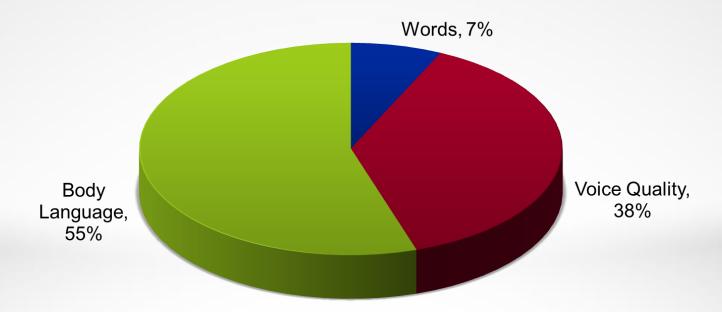
- Step 2 Delivery (How do I want to communicate?)
  - Words
  - Voice Quality
  - Body Language





# PROJECT DELIVERY ACADEMY MODULE 4: COMMUNICATIONS AND DEVELOPMENT EFFECTIVE COMMUNICATION

They say to choose your words carefully??





### PROJECT DELIVERY ACADEMY

#### **MODULE 4: COMMUNICATIONS AND DEVELOPMENT**

- Methods (Flexibility)
  - Face to Face
  - Phone
  - Google Meet/Microsoft Team Meet
  - Email
  - Letter
  - Instant Messaging
  - Texting
  - WebEx / Video Conferencing





# PROJECT DELIVERY ACADEMY MODULE 4: COMMUNICATIONS AND DEVELOPMENT EFFECTIVE COMMUNICATION

- Step 3 Decoding (listening and interpretation)
  - Reactive
  - Proactive





# PROJECT DELIVERY ACADEMY MODULE 4: COMMUNICATIONS AND DEVELOPMENT EFFECTIVE COMMUNICATION

- Reactive Listening (listening ABOUT)
  - Formulating opinion
  - "I know already"
  - Agree/Disagree
  - Find the flaw
  - Dominate the discussion





# PROJECT DELIVERY ACADEMY MODULE 5: COMMUNICATIONS AND DEVELOPMENT EFFECTIVE COMMUNICATION

#### Proactive Listening (listening FOR)

- Possibility
- Commitment
- Content
- Opportunity
- Contribution





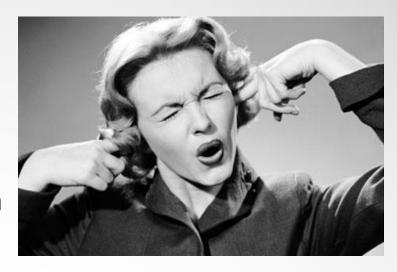
### PROJECT DELIVERY ACADEMY

#### **MODULE 4: COMMUNICATIONS AND DEVELOPMENT**

#### **EFFECTIVE COMMUNICATION**

#### Poor Listening Habits

- Not paying attention
  - Listen 150 250 wpm
  - Think 1,000 3,000 wpm



- Pseudolistening
  - Sender thinks the receiver understands
- Listening but not hearing
- Interrupting
  - Making assumptions about the "rest of the story"



### PROJECT DELIVERY ACADEMY

#### **MODULE 4: COMMUNICATIONS AND DEVELOPMENT**

- Effective Listening Habits
  - Pay attention
    - Force yourself
    - Active listening
    - Don't Interrupt
  - Listen for the entire message
    - Look for meaning and consistency in both verbal and non-verbal – i.e. "mixed messages"
    - Listen for ideas, intentions, feelings as well as facts (context)





- Effective Listening Habits (cont.)
  - Hear before evaluating
    - Don't draw premature conclusions
    - Ask clarifying questions
    - Hold judgment or advice
  - Paraphrasing
    - Restate in your own words (adds your filter)





#### **EFFECTIVE COMMUNICATION**

- Conversations that make a difference
  - Start with hearing one another
  - Get to specifics
    - Don't ramble
  - Move from opinion to stand
  - Open up possibilities
  - Lead to action
    - Request, Proposal
    - Offers, Initiatives
    - Follow-Through / Assignments

Listening

Learning



- Other Skill Sets
  - Prepare
  - Anticipate Questions
  - Avoid Statements That Sound Like Questions
  - Confidence; Not Arrogance
- Empathy
  - Understand & Respect Varying Points of View
  - Demonstrate You Are Listening
- Feedback
  - Give And Receive Feedback
  - Give Praise For Efforts / Accomplishments





- As an ADOT PM here are just a few times I use these skills:
  - PRB/PPAC/ Board Meetings
  - Huddles/Business Reviews/One on One Coaching
  - Project Kick Off Meetings
  - Regular Project Progress Meetings/Comment Resolutions
  - Agency Meetings
  - District Quarterly Meetings
  - Stakeholder Meetings / Public Meetings
  - Partnering sessions
  - Conflict resolution meetings / project Claims
  - Scope and Fee Negotiations / Consultant Selection



### WHAT IS EFFECTIVE COMMUNICATION

### **Questions?**

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